ALUMNI COLLEGE XIV

August 30 - September 3, 1989

The cost, covering 12 meals, four nights of lodging, tuition and books, is $350/person, or $650/couple, payable upon registration. The cost for younger alumni ('74-'88) is $325/person or $600/couple.

Classes will be held at the Bread Loaf Campus where participants will be housed and meals served.

Opportunities for tennis, swimming, hiking, etc., will be offered at Bread Loaf. The College Golf Course is also available (greens fees are reasonable).

If you wish to attend Alumni College, please complete the reservation form below and return it with full payment by August 14.

ALUMNI COLLEGE
MIDDLEBURY COLLEGE
P.O. BOX 500
MIDDLEBURY VT 05753

I/We will attend Alumni College XIV.

Please reserve space for me ☐, my spouse ☐

Enclosed is my payment in the amount of $_____

Name _____ Class____
☐ Parent ☐ Friend

Address _____

_____

Phone _____ Spouse's Name_____

My topic choice is:	1	2	3	4	5	6
My spouse's choice is:	1	2	3	4	5	6
If my choice is unavailable, I would be interested in:	1	2	3	4	5	6
If my spouse's choice is unavailable, he/she would be interested in:	1	2	3	4	5	6

To reduce costs this year, brochures will be sent only to Alumni College graduates. Please share this brochure with classmates, friends and other interested alumni.

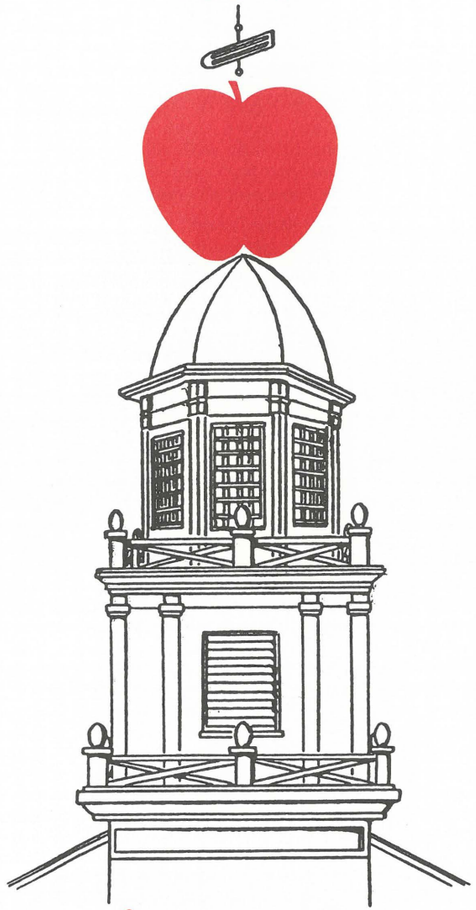
If interested, call the Alumni Office: 802-388-3711, ext. 5183.

Alumni College XIV

Middlebury College
MIDDLEBURY, VERMONT 05753

Non-Profit Organization
U.S. POSTAGE
PAID
Middlebury College

ALUMNI COLLEGE XIV



August 30- September 3, 1989

MIDDLEBURY COLLEGE

1 China: It's a Different World

JOHN BERNINGHAUSEN

Since the death of Mao Zedong in 1976 and the subsequent emergence of Deng Xiaoping as China's top leader, rapid and possibly irreversible changes have occurred in the lives of the Chinese people. The new leadership of China has been championing *"tizhigaige"* (structural reforms) and *"duiwaikaifang"* (opening to the outside) for a good ten years now. How are the reforms faring? Is China "going capitalist"? What has actually changed at the grassroots level? What does the future hold for China and for China's relationships with other nations, other peoples? And just how realistic are our impressions of this "new and different China"?

The "Cultural Revolution" of 1966-76 involved great dislocation, disintegration, and suffering at the expense of many lost or postponed opportunities. The period of 1957-76 when the revolution "went sour" in China and also the last 40 years in which remarkable changes have taken place in that other Chinese society, Taiwan (the Republic of China), may provide a useful background to our exploration of the opportunities and problems currently facing China. One of the most fascinating acpects of the "different world" that China has become is to be found in the far greater artistic and intellectual freedom which now exists there. This will be illustrated with lectures and slides including examples of the innovative new Chinese painting which is just now being created.

JOHN BERNINGHAUSEN holds a B.A. degree from the University of Minnesota and his M.A. and Ph.D. Degrees in Chinese language and literature from Stanford University. First living in Taiwan as an undergraduate student in 1963, his study of Chinese language and culture dates from that time and includes several years spent studying in Taiwan and Hong Kong. Specializing in modern Chinese literature, he has published several articles and translations; he coedited *Revolutionary Literature in China* published by M.E. Sharpe. Among his current research interests are both the new writing and new painting in contemporary China.

Having traveled to the People's Republic of China in 1972 and 1980 (when he led the first **Middlebury alumni trip** to China), he and his family spent last year in Nanjing, China, where he was senior consultant and researcher at the recently established Hopkins-Nanjing Center. Since 1976 when he joined the faculty of Middlebury College as the founder of the Chinese Program, he has served as Chair of East Asian Studies and as Chair of the Foreign Languages Division. Currently he is the Dean of the Chinese School and Chair of the Chinese Department. He is planning to return to China for a month this summer and thus hopes to be able to update what he learned there in 1987-88.

2 Lifetime Fitness: A Classroom and Applied Approach to Understanding Health and Fitness

MAGGIE O'BRIEN AND JIM GRUBE

This course will cover health and fitness in two ways. First, classroom discussion will introduce concepts of nutrition, body type, health indicators (serum cholesterol, serum lipoproteins, weight and height charts, body fat, and theories of weight maintenance, weight change, and weight disorders. Consideration will also be given to the attitudinal obstacles to health and fitness. This course will approach health and fitness from the perspective of what lifetime habits need to be adopted to improve overall well-being and contrast these with the popular fads and trends that offer "quick results" and "easy solutions."

Second, the course will provide a workshop in stretching and movement exercises, cardiovascular fitness, introductory weight and resistance training at the new College Fitness Center, and relaxation techniques.

MAGGIE O'BRIEN received her B.A. in biochemistry from Vassar College and her Ph.D. in chemistry from the University of Delaware. She has been at Middlebury College since 1980 and has taught courses in biochemistry, metabolism, hormone action, and nutrition. Her research in the field of steroid hormones has been funded by Research Corporation and the National Institutes of Health. She is currently the Associate Provost at Middlebury College and she is working on a chemistry text for the non-scientist. She will draw on her experience teaching non-scientists in her course entitled: "Chemistry for Citizens."

JIM GRUBE graduated from Lebanon Valley College in 1969. He did graduate work in history at the University of Delaware and coached at Delaware from 1970 to 1978. Joining the Middlebury College athletic staff in 1978, he served as assistant football coach from 1978 to 1986. He has been men's lacrosse coach since 1979 and has been Director of Physical Education and Intramurals since 1987.

3 Earthquakes, Volcanoes, and the Building of the Green Mountains

RAYMOND A. COISH

Plate Tectonic Theory describes the motions of "plates" on the surface of the earth. It explains why volcanoes erupt and why earthquakes occur. In this course, we will look at movement on the earth's surface, discover why earthquakes and volcanic eruptions occur, and talk about ways to predict and possibly prevent these disasters. In another aspect of the course, we will look at how plate motions lead to mountain building, using the Appalachian mountains as an example. One or two field trips in the beautiful Green Mountains and Champlain Valley will supplement class work.

RAYMOND A. COISH, Associate Professor, Chair of Geology Department. BSc. (Honors), Memorial University of Newfoundland; Ph.D., University of Western Ontario, London, Canada. Post-Doctoral Fellow, M.I.T. Specializing in igneous rocks and tectonics. Married with two children.

4 *People and Their Diaries:* A Course in Reading and Writing Diaries

DAVID LITTLEFIELD

A hands-on investigation of the experience of keeping a diary. We shall take an historical perspective by reading selectively from the diaries and journals of such great writers as Samuel Pepys, James Boswell, and Virginia Woolf. But the main enterprise will be our own activity of keeping a journal and exploring (sharing!) the pleasures and pitfalls of the process. Our basic text will be Thomas Mallon's *A Book of One's Own: People and Their Diaries,* which we shall send you when you register.

DAVID LITTLEFIELD earned an A.B. degree at Spring Hill College in 1951 and a Ph.D. degree at Yale University in 1961. He has taught at Middlebury College since 1959. An interest in Classics led to his appointment as Visiting Fellow in Classics at Princeton University in the 1965-1966 academic year. He has regularly taught courses in Greek, Roman, and English literature, specializing in the epics of Homer, Ovid, and Milton, and the comedies of Aristophanes. In recent years his interest has extended to law, particularly courtroom process as a version of dramatic encounter. Twice in recent years (1976-1978), as Visiting Professor at the Antioch School of Law in Washington, D.C., he has taught courses in Trial Tactics and Strategy.

In addition, Littlefield was the first Chair of the Vermont Council on the Humanities and Public Issues, a public service board on which he served from 1972-1980.

5 All-American Music

SUSAN C. COOK

This course offers you the chance to explore, experience and, in some cases, even sing America's rich and diverse musical culture. Our exploration will include the social, historical, and musical contexts of New England psalmody, 19th- and 20th-century concert music, jazz, Tin Pan Alley, the Broadway musical, and Vermont traditional music. Lectures and discussions will be supplemented with listening, movies and, if possible, live performances and singalongs. No prior musical experience is necessary.

SUSAN C. COOK received her B.A. from Beloit College and her M.A. and Ph.D. from the University of Michigan. Her research interests are 20th-century and American music, and she has taught the American Music course since coming to Middlebury in 1985.

6 A Miscellany

Miscellany was a continued success last year and we are pleased to be able to offer it again. Titles of this year's presentations include: "The French Revolution: Ideology and Reality" (David Macey, History); "The Nineteenth Century English Literary Response to the French Revolution (Robert Hill, English); "The Role of the Arts in the French Revolution" (John Hunisak, Art); "Contemporary Political Consequences of the French Revolution" (Gary Meyers, Political Science); "Current Israeli-Palestinian Issues" (John Walsh, Chaplain); "James Fenimore Cooper, Thomas Cole, and the Rise of Catskill Mountain Tourism, 1819-1829" (Kenneth Myers, American Literature/Civilization); "Alcohol Use and Abuse Among American College Students" (Yonna McShane, Health Education and Counseling); "Who's Still Afraid of Virginia Woolf?" (Diana Henderson, English).